

Dalbir Jangra MD FRCSC

General Surgeon

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Abbotsford, B.C.
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Phone: 604-504-1911

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INSTRUCTIONS FOR GASTROSCOPY (pm)

For arrival times after 10:00am

- Please arrange for transportation home following the procedure as no driving legally for 24 hours following sedation. Taxis are not acceptable unless another passenger is with you.
- Patient must have supervision at home following the procedure for approximately two hours.

Date of Procedure: _____

****CALL THE OFFICE AT 604-504-1911 ONE WEEK PRIOR FOR YOUR ARRIVAL TIME****

DIRECTIONS TO GENERAL DAYCARE ABBOTSFORD HOSPITAL: Enter the Abbotsford hospital main doors, turn right to hallway with elevators (Fraser Wing), go to third floor, immediately to the left is General Daycare. Bring care card/photo ID.

HAVE NOTHING TO EAT AFTER MIDNIGHT THE EVENING BEFORE YOUR PROCEDURE.

YOU MAY HAVE CLEAR FLUIDS ONLY PRIOR TO 10:00AM, THEN NOTHING BY MOUTH UNTIL AFTER THE SCOPE IS COMPLETED.

Clear Liquid Diet Includes: water, clear juice (apple, white grape, white cranberry, iced tea), Ginger Ale, 7up, Sport Drinks, Vitamin Waters, clear tea or black coffee (no cream or milk), clear broth soups only (ie, chicken or beef broth, vegetable broth) popsicles, Jello-O

NO RED OR PURPLE COLORED DRINKS, NO DAIRY/MILK, NO ALCOHOL, NO JUICES WITH PULP.

****PATIENTS MUST INFORM THE OFFICE OF ANY PRESCRIPTION BLOOD THINNERS THEY HAVE BEEN PRESCRIBED.**

Medications can be taken as usual unless otherwise directed

Patients must remove all jewellery/metallic objects/body piercings prior to hospital arrival

PATIENTS WHO DO NOT ARRIVE OR ARE NOT FULLY PREPPED FOR THEIR SCHEDULED ENDOSCOPY PROCEDURE WILL BE CHARGED A \$250 FEE PAYABLE PRIOR TO REBOOKING